dementia support SOUTH LINCS. *Live life to the full*

Winter

Dear friends,

Lots has been happening since our last newsletter with a lot more to come – especially as the Christmas season will be upon us before we know it.

The social committee has been busy looking into places we might visit next year while planning the Christmas lunch: the fundraising committee has been busy organising a very well attended Quiz night and ordering calendars etc. We will sell the calendars, featuring art work by the Art for All members and Square Hole Club, at the various events in the lead up to Christmas. And we mustn't forget our trustees who have been busy working on next year's budget amongst many other things, especially making sure we are compliant with the rules of the Charities Commission and helping us out when we are short staffed. A big thank you to everyone who works so hard to keep our beloved, charity going, bearing in mind we are not part of a big "charity in the sky" nor do we receive any statutory funding. If you would like to know more about any of these committees or have any ideas for fundraising events etc. – many handsmake light work!

If this is your first newsletter you will be probably be new to our charity. We hope you enjoy reading it and might decide you would like to join us at one of the upcoming events and/or pop in to one of our coffee mornings. We have places available in our **Art** group and in **Tai Chi**. Give us a ring at the office if you're interested in learning more about these therapeutic activities – we would love to have a few more friends join us. You can also find out a lot more about us on our website – **www.dementiasupportsouthlincs.co.uk** and follow us on ***Facebook*** and ***Instagram***. We understand that groups are not for everyone so if you would like a home visit, email or ring the office and we will happy to arrange a get together – we are here to help in whatever way is best for you at this point in your journey.

Some of you will know all about events we enjoy being part of at **St. James The Great Church** in Aslackby, NG34 0HG. Everyone is very welcome to attend – I will always be there to greet you. Coming up we have;

The Greenwood Quire annual Carol Café at11.00 on **Saturday 12th Dec**
Crib Service on the village green at 4.00 on **Christmas Eve**,
and moving into 2027 – **Plough Sunday** on **10th January** at 11.00.
Please give me a ring on **07867 635611** if you'd like to know more or to book in.

Well I should probably stop now as I'm sure I will have filled my space on the front page. It feels premature to be wishing you all a **Merry Christmas** but here goes! I hope I'll be seeing lots of you in between now and then but if not, we wish you all the best for Christmas and a for Healthy New Year – no coughs, colds or flu allowed!!!

Best wishes, Kate and the deam xxx

Coming up soon

New Calendars

Our new DSSL calendars are finally available for sale. We be selling them for **£10 each** or **2 for £15.** Please let us know of you would like to purchase any. They will be on sale during our weekly groups and festive events.

Bourne Christmas Fayre

Join us at **Wake House** on **Saturday 28th November - 12 - 6pm**. There will be live music and the Christmas light switch on in town at **5.30pm**. Come and find us in the Baxtor room.

Christmas Singing

We look forward to hosting our annual Christmas Singing group at the **Danish Invader** on **Thursday 3rd December** between at **1 - 3pm**.
Lots of festive singing and dancing, hosted by the wonderful **Tuneless Choir.** Christmas jumpers are also welcome.

Christmas Mini Market

Join us for a festive morning of shopping at the **Sugar Mill** on **Saturday 5th December** between **9.30 - 12pm**
Featuring a variety of local vendors and local stalls - ideal for a bit of last minute Christmas shopping!

🎄 Christmas Lunch 🎄

We're delighted to announce that this year's Christmas Lunch will be held at **The Black Horse** in Baston on **Friday 18th of December** - arrival from **12.30pm**

The cost will be **£25 per person**, which includes:

Main course *: Turkey / Beef / Nut Roast with Sauteed Potatoes Chorizo, Sun Blushed Tomato*
Dessert : *Christmas Pudding with Brandy Sauce, Chocolate Brownie, Blackberry Pavlova*
Tea / Coffee, Service charge and entertainment

Please let us know if you'd like to join us by talking to a member of the team or by phoning the office on **01778 426756** – please leave a voicemail as we are not always available to pick up the phone.

Payments will be collected in due course.
We're looking forward to celebrating the festive season with you all! 🎅🎄

Future dates for your diaries

- **Monday 11th January** - A trip to the Light Cinema in Wisbech to watch **Calamity Jane**
(Further details will be revealed very soon)

Social Events

International Bomber Command Day Out

A huge thank you to everyone who joined us for our **Bomber Command** day out, organised by the Social Committee. We had a fantastic day!

Their guides went above and beyond to make us feel welcome and gave us a fascinating tour. We were also very lucky with the weather and thoroughly enjoyed a lovely Lincolnshire platter and plenty of refreshments. A wonderful day enjoyed by all, thank you to everyone who came along

Thank You & Fundraising

NFU

We were delighted to receive a fantastic **£7,899** donation from the NFU. We are extremely grateful for their incredible support.



Deeping Round Table

A huge thank you to Deeping Round Table, who presented us with a generous **£400** donation.



Danish Invader & the Freemasons

A big thank you to Danish Invader and the Masonic Charitable Foundation. **Chris Needham** and his best mate Charlie took on an amazing challenge, riding their tandem bike from London to Danish Invader to raise funds for a selection of local charities. A fantastic achievement!



Slimming World Charity Ball

DSSL was delighted to be invited to the Slimming World ball on **Saturday 27th Sept.** It was a fun evening full of great people and excellent entertainment. We were very fortunate to have received a **£585** donation through this wonderful event.



DSSL Charity Quiz

We would like to say a heartfelt thank you to everyone who helped make our Charity Quiz Night at **Deeping Sports & Social Club** such a wonderful success! We raised just over **£400** through all your kind donations. We are incredibly grateful to have such wonderful community.



15 Years of Tai Chi

On the 21st of October we celebrated 15 years of Tai Chi with a demenstration by our Tai Chi master - **Mr Ray Pawlett**. Rutland and Stamford Sound radio came along and Ray's interview was featured through out the day on live radio. Here's to many more years of Tai Chi.





Weekly groups

Art for All
Every **Monday**, Wake House - From **11.00am - 1pm**

Langtoft Coffee Morning
Every 2nd **Tuesday**, Langtoft Village Hall - From **11am to 12.30pm**
Dates: 10th Nov, 8th Dec, 12th Jan, 9th Feb

Stamford Coffee Morning
Every 3rd **Tuesday**, Blackstones - From **10am to 12pm**
Dates: 17th Nov, 15th Dec, 19th Jan, 16th Feb

Tai Chi with Ray
Every **Wednesday**, Wake House - **From 2 - 3pm**

Bourne Coffee Morning
Every 3rd **Wednesday**, Corn Exchange - From **10am to 12pm**
Dates: 18th Nov, 16th Dec, 20th Jan, 17th Feb

Singing for Fun - Stamford
Every 1st **Thursday**, Danish Invader - **From 1 - 3pm**
Dates: 5th Nov, 3rd Dec, 7th Jan, 4th Feb

Square Hole Club (By invitation only)
Every 2nd & 4th **Thursday**, Deepings Sports Club - **From 10am - 4pm**

Evening Carers Support Group
Every 3rd **Thursday,** Cedars Care Home - **From 6.30 - 8pm**
Dates: 19th Nov, 17th Dec, 21st Jan. 18th Feb

Notice Board

- Dementia Support South Lincs will be closed from **19th December - 6th January**
- There will be no Art Group running through January
- First singing group will run on **7th Jan - 1 - 3pm**

Donations

MAKE A DONATION
SCAN HERE

Thank you all for your kind support

Thank you to Buckles Law for their continued support in printing & distributing this newsletter.

Buckles Legal Corner

Becoming a Court Appointed Deputy In the absence of a Lasting Power of Attorney or Enduring Power of Attorney, no one can make decisions relating to the assets or wellbeing of a mentally incapable person until a Deputy is appointed by the Court of Protection.

A Property & Financial Affairs Deputy will usually be needed unless the mentally incapable person has no property or savings, in which case someone can become their 'appointee' to deal with their DWP benefits.

Healthcare professionals can make health and welfare decisions in the best interests of a mentally incapable person, and so a Health & Welfare Deputy is unlikely to be appointed by the Court unless the decision is difficult or complex, or someone disagrees with a course of action, or the person needs on-going help with decisions.

To apply to be a Deputy, the Court needs a great deal of information about the mentally incapable person, to include an assessment of mental capacity, and the proposed Deputy.

Once the Court has received the application, the timeframe for them to deal with it depends on a number of factors, including the workload of the Court, which often experiences significant delays. The appointment of a Deputy can take from six months to a year to complete.

Signing a Lasting Power of Attorney in advance of becoming mentally incapable avoids the need to deal with the Court at all. For more information, please contact Sara-Rose Whitehead on **01733 888877** or alternatively visit **www.buckles-law.co.uk**