



Dear friends,

I always read through the last newsletter before I start on this one and I'm amazed to read I'm talking about how much rain we've had. We certainly haven't had much since! It has been so hot in the last few weeks we have had to cancel two of our groups which in all the many years we've been going, we have never had to do. And there is no let up, is there.

As usual, we've had a busy time with lots of activities and events throughout **Dementia Action Week**, **LEGO MANIA**, and the annual **Aslackby Car Rally**. A big thank you to everyone who came along – I couldn't tell you how many we lost count. Not only are these occasions a lot of fun, they are also raising our profile in the local community and, according to activity on our website and social media, worldwide!

Some of you will remember, last year we received a grant from **The National Lottery Community Fund**, and we have spent many hours in the last month writing the annual report. Included in this report we have to list lots of facts and figures and I thought you might be interested to hear a few: throughout the year roughly 500 attendances at our coffee mornings, another 500 attendances at Singing for Fun, almost **600** attendances at Art for All and **400** at Tai Chi. And that is without the newsletter, all the phone calls, emails and home visits.

Talking of home visits, we understand that coffee mornings and social events don't work for everyone, so we can offer to come and see you at home or meet you in our office or somewhere else for a coffee – whatever works for you. Please ring the office on **01778 426756** and we will happily book you in.

I want to say a big thank you to the social committee who organised our first **Summer BBQ**. Hazel Cox, Heather Cox (no relation) and Louise worked really hard to bring it all together, and it was a huge success. It was a new venue for us and a new entertainer and from what people were saying on the day, we would all be very happy to go back to **The Black Horse** in Baston again – which is lucky because the social committee is already working on holding our Christmas lunch there. In the meantime they have planned a coach trip in September to Bomber Command in Lincoln, and there might be another visit to the **Dementia Friendly Cinema** in Wisbech too.

Ok, that's enough from me. I hope you manage to stay as cool as possible in this terrible heat. Hopefully it won't go on for too much longer. In the next newsletter I'll probably be complaining about the cold!

See you soon, Kate x



Coming up soon....

International Bomber Command Centre - Friday 11th Sept

Join us for a fascinating trip to the International Bomber Command Centre on the outskirts of Lincoln

Transport costs are covered by the Wendy Bass Legacy, Entry to the grounds is free with a 40 minute tour, Lunch has been organised with tea and coffee and is **£21 per person**.

There is an additional charge for the exhibition which you can purchase at reception at the centre, carers do not have to pay.



Collection times and locations;

Stamford - Danish Invader- **8.45am**
Langtoft Bus Stop - **9.20am (A15 Northbound)**
Bourne Bus Station - **9.45am**



We aim to arrive in plenty of time when you can visit the café to buy some refreshments and then join an optional tour about 11am. Lincs Platter lunch will be served at **1pm** and we then aim to leave around **3pm**.



Book your New Pop-Up-Art Session

Decorative Light Up Bottles

This workshop is partially funded by the Community Champions at Coop in Morton
The cost is **£10 per artist** (no cost for supporting carers)

Join us on **29th September** at Wake House, for a unique creative workshop led by metalsmith artist **Shalini Austin**. Limited spaces available – so **PLEASE** reserve your place soon to avoid missing out!

Location: Wake House, Bourne
Date: 29th September ~ Time: 10:00am



Dates for the diary

- **Bourne Coffee Morning - 16th September**

Wiltshire Foods will be joining us on this day to talk about the services they provide to the community.

- **Christmas Lunch - The Black Horse (Baston)**

Christmas will be here before we know it, the date for our Christmas lunch is **Friday 18th December**. More details to follow.

A big Thank you to ...

St. Pega Lodge Cheque Presentation

On the 14th April, Kate and Danie attended a meeting of **the St. Pega Masonic Lodge** in Deeping St. James; with our wonderful volunteer, Hazel. We were very fortunate to be a chosen charity of theirs along with 2 other very important charities, **RAF Benevolent Fund** and **Women's Aid** charity based in Peterborough.

We were invited to give a talk about who we are, what we do and how we raise funds to keep the charity going. We spoke to nearly 50 people that evening regarding dementia. They very kindly donated **£500!** A lady who was also there that night, personally donated **£250**. We are so very grateful to both of them. A few days later we also received a donation of **£500** from **Oliver Lodge** in Peterborough.

Following the talks we all went across the road to Maharanni's Indian restaurant for a meal, totally funded by the owner. Over the years we have been very fortunate to have been chosen as the charity of the year by several Masonic Lodges covering the Bourne, Stamford and Deepings area. **THANK YOU**

Social Events & Fundraising

LEGO Mania 2026

We had a fantastic day at our first-ever **LEGO Mania** event, bringing together members of the community for a fun-filled day of creativity and enjoyment. It was wonderful to see people of all ages getting involved and having such a great time.

A huge thank you goes to our local business sponsors, especially **InterGen**, **Greencore**, **Pilgrim Foodservice**, and **Tesco**, whose generous sponsorship and donations helped make the event possible. Their support enabled us to run a fantastic raffle, lucky dip, silent auction, and refreshments stall throughout the day.

All the money raised on the day will go towards the running costs of **Square Hole Club**. We would also like to thank the **National Lottery** for their grant support, without which events like this would not be possible.

Thank you to everyone who attended, donated, volunteered, and supported **LEGO Mania**. We look forward to making it even bigger and better in the future!



ASLACKBY Car Rally

We are lucky to have such an amazing support from the village of Aslackby and for the past nine years, they have created a truly special event, the Car Rally. The rally is followed by a lovely afternoon tea made by the ladies of Aslackby.

The team who organises the whole day, made 120 afternoon teas and welcomed 28 classic/different and unusual cars to the event.

Approximately **£2176.50** was raised for our amazing charity, we cannot thank everyone in Aslackby who ensured the day was perfect for everyone. Thank you



DSSL Summer BBQ

A huge thank you to everyone who came along to our Summer BBQ! It was wonderful to see so many of our members enjoying a fantastic afternoon together. There was plenty of delicious food, great company, and a brilliant atmosphere. A special thank you to **King Don** for his fantastic steel drum performance, which made us all feel like we were on holiday! **The Black Horse** staff and our fantastic **Art For All** group for making the decorations.

We're also delighted to share that our raffle raised an amazing **£125**. Thank you to everyone who bought tickets and supported us. We look forward to seeing you again next year!



Summer Solstice 2026

On one of the warmest days of the year, supporters gathered in the beautiful surroundings of **Molecey Mill**, for a special Yoga & Pilates Evening in aid of Dementia Support South Lincs.

Surrounded by nature and the tranquil atmosphere, attendees embraced the spirit of the solstice while taking time to focus on wellbeing, mindfulness, and connection.

A big thank you to **JR Fit**, Joni & Sally for organising such a wonderful evening, we raised an amazing **£1,289** for our lovely charity.

Weekly groups

Art for All (By invitation only)

Every **Monday**, Wake House - From **11.00am - 1pm**

Langtoft Coffee Morning

Every 2nd **Tuesday**, Langtoft Village Hall - From **11am to 12.30pm**

Dates: 11th Aug, 8th Sept, 13th Oct

Stamford Coffee Morning

Every 3rd **Tuesday**, Blackstones - From **10am to 12pm**

Dates: 18th Aug, 15th Sept, 20th Oct

Tai Chi with Ray (By invitation only)

Every **Wednesday**, Wake House - From **2 - 3pm**

Bourne Coffee Morning

Every 3rd **Wednesday**, Corn Exchange - From **10am to 12pm**

Dates: 19th Aug, 16th Sept, 21st Oct

Singing for Fun - Stamford

Every 1st **Thursday**, Danish Invader - From **1 - 3pm**

Dates: 6th Aug, 3rd Sept, 1st Oct

Square Hole Club (By invitation only)

Every 2nd & 4th **Thursday**, Deepings Sports Club - From **10am - 4pm**

Evening Carers Support Group

Every 3rd **Thursday**, Cedars Care Home - From **6.30 - 8pm**

Dates: 20th Aug, 17th Sept, 15th Oct

Notice Board

Group Availability:

We currently have limited spaces available in our **Art Group** and **Tai Chi** sessions.



If you are interested in joining either activity, please contact the team to express your interest. Spaces are allocated on a first-come, first-served basis!

Contact details:

Tel: 01778 426756

Email:

info@dementiasupport
southlincs.co.uk

Please also note:

Wake House car park will no longer be available for free parking over the weekends,

Thank you to Buckles Law for their continued support in printing & distributing this newsletter.

Buckles Legal Corner

Becoming a Court Appointed Deputy In the absence of a Lasting Power of Attorney or Enduring Power of Attorney, no one can make decisions relating to the assets or wellbeing of a mentally incapable person until a Deputy is appointed by the Court of Protection.

A Property & Financial Affairs Deputy will usually be needed unless the mentally incapable person has no property or savings, in which case someone can become their 'appointee' to deal with their DWP benefits.

Healthcare professionals can make health and welfare decisions in the best interests of a mentally incapable person, and so a Health & Welfare Deputy is unlikely to be appointed by the Court unless the decision is difficult or complex, or someone disagrees with a course of action, or the person needs on-going help with decisions.

To apply to be a Deputy, the Court needs a great deal of information about the mentally incapable person, to include an assessment of mental capacity, and the proposed Deputy.

Once the Court has received the application, the timeframe for them to deal with it depends on a number of factors, including the workload of the Court, which often experiences significant delays. The appointment of a Deputy can take from six months to a year to complete.

Signing a Lasting Power of Attorney in advance of becoming mentally incapable avoids the need to deal with the Court at all. For more information, please contact Sara-Rose Whitehead on **01733 888877** or alternatively visit www.buckles-law.co.uk