



Dear friends,

Happy New Year to you all. Onwards and upwards into another action packed year. I thought it might be interesting to look back at what we have achieved in the last year before we talk about our plans for 2026. You will hear more about those plans below, but let's give ourselves a little pat on the back first. As a tiny little independent charity I think we are all doing an amazing job – support workers, volunteers, trustees and all those who support us.

Here goes: 36 coffee mornings in Langtoft/Deeping, Stamford and Bourne; 23 Square Hole Club; 50 weekly Art for All sessions where we made Christmas cards and calendars; 50 weekly Tai Chi sessions; 12 trustee meetings; 10 new evening support group sessions; 12 Singing for Fun including Valentines Dance and Christmas Party; 2 Harvest pub lunches and 2 Christmas pub lunches; A Coach trip to Rutland Water with a cruise on the Rutland Belle with lunch on land; Dementia Action Week; Contributing to Worth 200 celebrations; 2 Wellness events; Yoga summer solace, Annual Aslackby Car Rally fundraiser;

First Aid training; continuing connection with our supporters in Aslackby and to end this list, we finally moved into the 21st century setting up our SumUp machine!!!

Throughout the year we've made hundreds of telephone calls, answered hundreds of emails, updating the website and expanded our presence on social media.

We are also in the process of setting up a database so this time next year we hope to be able to share more detailed information with you.

Finally from me, a big thanks to everyone who took the time to complete the questionnaire. We were humbled by all the lovely things you shared with us and will be following up with some of your suggestions as the year unfolds. See you soon,

Kate x





*Live life to the full*



## Valentines Sing & Dance



Join us for a joyful Sing & Dance led by the Tuneless choir. Why not join the team by wearing something red. The Danish Invader are kindly providing some nibbles and we will be holding a raffle.

Thursday 5<sup>th</sup> February  
1pm-3.30pm

## Cinema Trip- Light Cinema, Wisbech

Join us for a Dementia Friendly Screening. We'll be enjoying a showing of Mamma Mia starting at 11.00am on 2<sup>nd</sup> March



Cost: £5

Carers: Go free

Refreshments: Light Lunch, tea, coffee, and squash provided

Coach leaving from:  
Stamford- The Danish Invader @ 9am  
Market Deeping - Deeping Sports and Social Club @ 9.30am

## Talk at Bourne Coffee Morning



Wednesday 15<sup>th</sup> April  
10am-12pm

A member from the memory clinic is joining us for an opportunity for a Q&A session.

## Talk at Langtoft Coffee Morning

Tuesday 10<sup>th</sup> March  
11pm-12.30pm



A member from the memory clinic is joining us for an opportunity for a Q&A session.

\*We extend the invitation to members from the Stamford group to join either the Bourne or Langtoft Coffee mornings for these talks.

## Sneaky Peek: What's Coming in 2026!

We're already busy planning some exciting events for 2026, and we couldn't resist sharing a little preview! Mark your calendars and get ready for fun, adventure, and creativity:



Lego Fest - 8<sup>th</sup> June 2026  
Car Rally - 21<sup>st</sup> June 2026  
Seaside Trip - July 2026



More details coming soon.... watch this space!



## Announcement on our fundraising efforts throughout December

### Thank You to Our Members and Community

We would like to extend our heartfelt thanks to all of our members and the wider community for your incredible support. Whether you purchased cards, calendars, raffle tickets, or made a donation, every contribution played a vital part in our success.

Together, we raised a staggering £1641.15, an achievement that would not have been possible without your generosity, enthusiasm, and continued belief in what we do. Your support makes a real difference and helps us continue our work for the benefit of our community.

Thank you once again for standing with us and for showing such overwhelming kindness and support.

### Volunteers for fundraising team

#### We're Looking for Fundraising & Awareness Volunteers

As our charity continues to grow, we are looking to build a small team of friendly, passionate volunteers who are willing to support our fundraising and awareness activities throughout the year.

These volunteers will be people the fundraising committee can reach out to when we have upcoming events, campaigns, or awareness days. You will help be the face of the charity, engaging with members of the public, sharing information about what we do, and speaking about how you or your family have benefitted from being a member of the charity.

This role is flexible and commitment is entirely voluntary, you can help as often as you are available. Whether it's helping at a stall, chatting to the public, or supporting awareness activities, your voice and experience can make a real difference.

If you are comfortable talking to people, passionate about the charity, and would like to help us continue our important work, we would love to hear from you.

**To express interest or to find out more, please contact :**

**Dee: 07904 740110**

**or email - [info@dementiasupportsouthlincs.co.uk](mailto:info@dementiasupportsouthlincs.co.uk)**

## Art for All

Restarting February - Every Monday, Wake House - From 11am - 1pm

## Langtoft Coffee Morning

Every 2<sup>nd</sup> Tuesday, Langtoft Village Hall - From 11am to 12.30pm

## Stamford Coffee Morning

Every 3<sup>rd</sup> Tuesday, Blackstones - From 10am to 12pm

## Tai Chi with Ray

Every Wednesday, Wake House - From 2 - 3pm

## Bourne Coffee Morning

Every 3<sup>rd</sup> Wednesday, Corn Exchange - From 10am to 12pm

## Singing for Fun - Stamford

Every 1<sup>st</sup> Thursday, Danish Invader Stamford - From 1pm - 3pm

## Square Hole Club

Every 2<sup>nd</sup> & 4<sup>th</sup> Thursday, Deepings Sports Club - From 10am - 4pm

## Evening Carers Support Group

Every 3<sup>rd</sup> Thursday, Cedars Care Home - From 6.30 - 8pm

## BUCKLES

LAW

### Legal Corner

#### Becoming a Court Appointed Deputy

In the absence of a Lasting Power of Attorney or Enduring Power of Attorney, no one can make decisions relating to the assets or wellbeing of a mentally incapable person until a Deputy is appointed by the Court of Protection.

A Property & Financial Affairs Deputy will usually be needed unless the mentally incapable person has no property or savings, in which case someone can become their 'appointee' to deal with their DWP benefits.

Healthcare professionals can make health and welfare decisions in the best interests of a mentally incapable person, and so a Health & Welfare Deputy is unlikely to be appointed by the Court unless the decision is difficult or complex, or someone disagrees with a course of action, or the person needs on-going help with decisions.

To apply to be a Deputy, the Court needs a great deal of information about the mentally incapable person, to include an assessment of mental capacity, and the proposed Deputy. Once the Court has received the application, the timeframe for them to deal with it depends on a number of factors, including the workload of the Court, which often experiences significant delays. The appointment of a Deputy can take from six months to a year to complete.

Signing a Lasting Power of Attorney in advance of becoming mentally incapable avoids the need to deal with the Court at all. For more information please contact Sara-Rose Whitehead on 01733 888877 or alternatively visit [www.buckles-law.co.uk](http://www.buckles-law.co.uk)