



dementia  
support SOUTH  
Lincs.

*Live life to the full*

Dear friends,

Here we are at the last newsletter for 2025, and what a lot has happened – not least welcoming a new baby into the DSSL family, the lovely Jacob. At the beginning of the year it was just me and Louise (who had only been with us a few weeks) but now Danie is back and we have welcomed Dee to the team. And what a team it is! Looking forward to 2026 with some new ideas to share with you but most important – to celebrate Jacob's first birthday.

Below you will see all the groups, social events and activities coming up but I would like to tell you about some of the things happening in my village, Aslackby (NG34 0HG). For those of you new to DSSL, we have a long history with the Aslackby community. Every year they run one of our best fundraisers, The Driving Away Dementia Car Rally and Square Hole Club is regularly invited to hold sessions in the church. 2024 saw the church St. James the Great crowned National Churches Trust Church of the Year, in part due to its association with our charity. DSSL members feel very comfortable joining in with church services and social events in the church.

In case you would like to join us in the coming months, here are a few events to consider. If you'd like more information please talk to the team or ring me on 07867 635611. Everyone is welcome.

Saturday 13 th December 11.00 Carol Café with the Greenwood Quire in full Georgian costume

Wednesday 24 th December 4.00 Carols on the Village Green

Sunday 11 th January 11.30 Plough Sunday with lunch, Greenwood Quire and Ceidhl

That's all from me this time, except to say I look forward to seeing you soon, and don't forget, if none of our groups, activities or social events are your thing, we are very happy to meet you for a coffee, visit you at home or talk to you by email or phone – we are here to help in whatever way we can.

Merry Christmas, Kate xxx





Coming soon ....



DSSL at the Frost Fair

We are excited to announce that we will be selling our Christmas cards and Calendars at the Frost Fair at Molecey Mill on Sunday 9<sup>th</sup> November.

The Granary,  
Stamford Road, Market Deeping, Peterborough,  
PE6 9JD

Please come and support us by visiting this wonderful event.

Festive Singing at the Danish Invader

Don't forget your **Christmas hats and jumpers** and cheer for our festive 'Singing for Fun' session on Thursday 4<sup>th</sup> December at 1pm, led by the wonderful Tuneless Choir.

Nibbles will be served and drinks are available for purchase from the bar.

Invitation extends to **all of our groups** to wear their Christmas hats or jumpers!

Christmas Lunch at the Sugar Mill

Please see a member of the team, email us or ring the office to book asap

Friday 5<sup>th</sup> December  
Friday 12<sup>th</sup> December

£23 Per Person

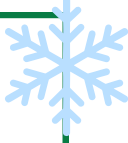
12.30pm arrival please



Bourne Christmas Fayre

Visit our stall at the Sparkling Christmas Fayre & Light switch on, Saturday 29<sup>th</sup> November Bourne Town Centre and Wake House, there will be live music, craft & charity stalls, refreshments and fair rides.

DSSL will be located in the Baxter Room in Wake House, pop in and have a go at winning some prizes.



Sugarmill meal choices

Mains

- Traditional Roast Turkey
- Spinach & Butternut Squash Tart
- Grilled Salmon
- Festive Beef Burger

Puddings

- Christmas Pudding
- Dark Chocolate Mint Tart
- Lemon Tart
- Sticky Toffee Pudding

Christmas Raffle Donations

Wanted!

We're calling on our wonderful community for donations of raffle prizes, big or small!

We hope to hold raffles at most of our groups throughout December to spread a little extra Christmas cheer!

All proceeds from the raffle will go into the charity to help cover costs of our coffee mornings.

## Christmas Holiday Dates

DSSL office will be closed for the Christmas break from **Friday 19<sup>th</sup> December** and will reopen on **Tuesday 6<sup>th</sup> January**.



## Return Dates For Groups

**\*Gentle Reminder\***

We kindly ask that all members arrive no more than 5 minutes prior to their scheduled group time. Please note that we are not insured to have members in our groups any earlier, so we appreciate your cooperation in helping us keep everyone safe and covered. Thank you for your understanding and continued support.

## Art for All

No group in January- first session back 02.02.2026

## Langtoft Coffee Morning

Every 2<sup>nd</sup> **Tuesday**, Langtoft Village Hall - From 11am to 12.30pm

## Stamford Coffee Morning

Every 3<sup>rd</sup> **Tuesday**, Blackstones - From 10am to 12pm

## Tai Chi with Ray

Every **Wednesday**, Wake House - From 2 - 3pm

## Bourne Coffee Morning

Every 3<sup>rd</sup> **Wednesday**, Corn Exchange - From 10am to 12pm

## Singing for Fun - Stamford

No group in January - first session back 05.02.2026

## Square Hole Club

Every 2<sup>nd</sup> & 4<sup>th</sup> **Thursday**, Deepings Sports Club - From 10am - 4pm

## Evening Carers Support Group

Every 3<sup>rd</sup> **Thursday**, Cedars Care Home - From 6.30 - 8pm



As another year draws to a close, we want to take a moment to reflect on all that we've achieved together in 2025, and to say a heartfelt thank you to everyone who has supported us along the way.

This year has been filled with moments of hope, compassion, and community. Whether you've taken part in an event, volunteered your time, shared our message, or made a donation, your support has helped us continue our vital work supporting the lives of people affected by dementia and their families. Every act of kindness, big or small, truly makes a difference. We've seen incredible progress this year, from expanding our support services to reaching more families than ever, to raising awareness and breaking down the stigma surrounding dementia. Our Art for All group have also been working very hard designing beautiful Christmas cards and calendars, which will be available to buy throughout November and December. None of this would have been possible without you, our wonderful members, donors, and supporters. As we look ahead to 2026, we remain committed to building a world where everyone living with dementia feels understood, supported, and valued.

From all of us at DSSL, we wish you and your loved ones a peaceful and joyful Christmas and a bright New Year. May the season bring rest, reflection, and hope for the year ahead.

Kate, Danie, Louise & Dee



**Help lines from other organisations when our office is closed**

Alzheimer's Society - 0333 150 3456  
Dementia UK - 0800 888 6678  
Age UK - 0800 678 1602

**CONTACT NUMBERS FOR THE TEAM**

Monday - Friday 9am-4pm  
Kate- 07867 635611  
Danie - 07539 243563  
Louise - 07777 165201  
Dee - 07904 740110

**BUCKLES  
LAW**

**Legal Corner**

**Becoming a Court Appointed Deputy**

In the absence of a Lasting Power of Attorney or Enduring Power of Attorney, no one can make decisions relating to the assets or wellbeing of a mentally incapable person until a Deputy is appointed by the Court of Protection.

A Property & Financial Affairs Deputy will usually be needed unless the mentally incapable person has no property or savings, in which case someone can become their 'appointee' to deal with their DWP benefits.

Healthcare professionals can make health and welfare decisions in the best interests of a mentally incapable person, and so a Health & Welfare Deputy is unlikely to be appointed by the Court unless the decision is difficult or complex, or someone disagrees with a course of action, or the person needs on-going help with decisions.

To apply to be a Deputy, the Court needs a great deal of information about the mentally incapable person, to include an assessment of mental capacity, and the proposed Deputy. Once the Court has received the application, the timeframe for them to deal with it depends on a number of factors, including the workload of the Court, which often experiences significant delays. The appointment of a Deputy can take from six months to a year to complete.

Signing a Lasting Power of Attorney in advance of becoming mentally incapable avoids the need to deal with the Court at all. For more information please contact Sara-Rose Whitehead on **01733 888877** or alternatively visit [www.buckles-law.co.uk](http://www.buckles-law.co.uk)