

Dear friends,

I hope you're well and didn't get blown away in the terrible storms we've had. As I write the weather is set fair or at least dry for the next few days. The snowdrops and aconites are out in force with daffodils hot on their heels so it's really starting to feel like Spring is on its way.

There are a few things to tell you about (as always).

We have been very lucky to have been left a legacy in one of our supporter's wills. In discussion with the family, it has been decided that we will use the money to help our members, who would otherwise be excluded because of lack of transport, to get to social events. We have always done our best not to leave anyone out when it comes to our social events which we know our members enjoy so much. In the past we have arranged car pools and Danie, Sharon or I have picked people up, but this legacy means we will be able to use a local taxi firm to help out. We need to do a bit of "market research" and this is where we could do with some assistance from you – do you use a local taxi firm? If so, which one and would you recommend it? There is a lot to work to be done but we hope to have something in place in time for the summer garden party – more about that below. So, please let us have your comments and suggestions and we will keep you updated as we move forward with this exciting new DSSL project.

Deepings Summer Ball

This year's Deepings Summer Ball will take place on Saturday 25th June at The Granary, Stamford Road, West Deeping, PE6 9JD.

Profits from the ball will once again be donated to our charity. This has been an amazing fund raiser for us in the past but involves quite a lot of work on our part. For one thing we have to run and supply 100 prizes for the Tombola. In the past we have asked local businesses if they would like to donate a prize but we feel we can't do that this year. The effect of Covid on the economy has been felt by all, especially small local businesses. So, the trustees have decided we have to "speculate to accumulate" and we will buy the tombola prizes this year.

However, if you have anything suitable, maybe one or two unwanted Christmas gifts, please let us know or bring them to one of our activities. We would be very grateful as 100 prizes is a lot!

Maybe you would like to come along to the Ball or you might have family or friends who love to get dressed up and have a night on the town. Danie, Sharon and I would love you to join us – there will plenty of room on our table for you.

We will be talking about the ball at upcoming activities and events or you can get information and book on the web site www.deepingsummerball.co.uk

It's a great opportunity to dust off you ball gown and your dinner jacket and join us for a fun night out, at the same time raising money for DSSL



The Deeping Summer Ball

Tickets on sale NOW for the 2022 Deeping Summer Ball in aid of Dementia Support South Lincs 🥂

Please visit our website for more information.

<https://deepingsummerball.co.uk/>

I think that's all from me except to say work continues at my house. As I look out of my kitchen window the scene resembles something out of a science fiction film. Fingers crossed all will be well in time for my daughter's wedding in the garden on the 2nd June!!!

Kate xxx

Hi All

It's now feeling like we're pretty much back to 'normal' with the majority of our activities now up and running smoothly and well attended. We have also had our first social event for over two years and it was great to have members from all our groups coming together to enjoy our Valentine's Dance. There are a few more social events to look forward to but I'll let Danie tell you all about those.

Art for All

This group is still well attended and we already have some masterpieces ready to be used for the 2023 Dementia Support South Lincs calendar. We hope to have this ready and available for sale at the Christmas Fayre in November so make sure you don't buy one beforehand from elsewhere! For our Art for All members, there will be no session on 18 April (Easter Monday) or 2 May (May Day).

Tai Chi

Tai Chi is running at full capacity but, if this is something you'd like to try, then please leave a message on the office phone and we'll put you on the waiting list. It's good fun!

Stamford Coffee and Chat

Blackstones Sports and Social Club has been booked for several months ahead so there's no problem with this as a venue. We've had some new members coming along to the last few meetings, which have been lovely to see, and we hope that you enjoyed coming along and sharing part of your morning with us all and look forward to seeing you in March.

The coffee and chat runs from 10:00 to 12:00 and the dates for the next few sessions are:

15th March, 19 April and 17 May with the latter falling in Dementia Action week.

Deeping Coffee and Chat

We're hoping by the next newsletter to have some good news about restarting the Deeping Coffee although this will no longer be on a Monday morning. We'll keep you posted but, in the

meantime, please come along to the Coffee and Chat in Stamford and/or Bourne or give our Singing Together a go – no decent singing voice required!

Friendship Tea by Stamford Churches Together and Evergreen Care Trust

The Friendship tea run by Evergreen Care Trust and Stamford Methodist Church is on the last Tuesday of every month from 14:00 to 15:30 at The Well, Barn Hill Methodist Church in Stamford. This is a very small group, comprising mostly of our members! We're hoping to meet with Evergreen Care Trust and Stamford Methodist church in the very near future to see how we can improve this group and get some new people to attend. I'm sure those that attend are fed up with seeing Danie and I at everything like the proverbial bad pennies!

The dates for the next meetings are Tuesday, 29 March, 26 April and 24 May.

Office Closing

The office will be closed on Friday, 15 April and Monday, 18 April for the Easter weekend, on Monday, 2 May (May Day) and Thursday, 2 June until Monday, 6 June for the Platinum Jubilee Bank Holiday.

All the very best.

Sharon xx

Hi Everyone!

Hope you are all well and had a lovely Christmas! It feels very weird saying that in March but that's the last time we wrote to you so I hope you had a great time. We had a fairly quiet Christmas, spending it with family but it was lovely and just what the Doctor ordered! It's hard to believe in a few weeks' time the clocks will be springing forward, the evenings will be lighter and a change in the weather would be nice too! For those of you who know me well, know I feel the cold (A LOT!) but with the weather changing now, I'll be in my element, de-frosting and warming up!

Bourne Coffee Morning

It was really nice to see so many people at our coffee morning in January and February, February especially! For those of you who are reading our newsletter for the first time, we have been running the Bourne Coffee Morning for approximately 9 years now and the group has grown bigger and bigger! It's a lovely atmosphere for both people with dementia and their carers; there's always plenty of tea and coffee along with lots of biscuits!

We hope that you all enjoyed yourselves at our last meeting and will continue to join us at the Bourne Corn Exchange on the 3rd Wednesday of each month, 10am-Midday. Here are the dates for the next few:

16th March, 20th April, 18th May, 15th June 2022.

We look forward to seeing you there

Singing Together

In January we started a new adventure with the Bourne Tuneless Choir; Linda and Kenny who run the choir, have been amazing! Their fun attitude has brought a different light to our singing group. We hope you've been enjoying it and the new songs we've been singing too. If you have been attending these past few months and there's some particular songs you'd like to sing, let us know and we'll see what we can do.

The Singing Together group meets on the 1st Thursday of every month, 1pm-3pm at the Danish Invader in Stamford. The dates for the next few months are as follows:
3rd March, 7th April, 5th May, 7th July 2022.

Please note there is no Singing on the 2nd June! This is due to the Bank holiday that has been moved from May due to the Queen's Jubilee.

Danish Invader are incredibly kind to us, we have never had to pay for venue hire or use of their urns and mugs. The hospitality trade has been hit quite hard during the pandemic and we feel as a way to give back to the Danish Invader Team, it is only fair we buy a drink from them. You can order Teas, Coffees or soft drinks (or beers!!), Whatever takes your fancy! But whatever you decide to drink, I promise we'll bring the biscuits!

Social Events

On the 11th February, we held a Valentine's Dance at the Danish Invader in their function room. The Danish Invader put on a lovely buffet for us and provided us with some great music. It was nice to see so many of you at the Dance, enjoying each other's company as well as having a dance too. The Valentine's Dance was a huge success and I cannot thank the Danish Invader enough for their continued support. We presented Sue (the best barmaid ever!) a beautiful bouquet as a thank you for all her hard work and kindness, every time we attend anything we do at The Danish Invader. Chris, the owner of The Danish Invader, was also given a plaque on behalf of everyone from Dementia Support South Lincs. to show just how much appreciated all that he does for our lovely charity. We couldn't do what we do without him!

To the volunteers Hazel, John, Ros and Jill, thank you for helping me the morning of the event! The Valentine's Dance would not have run so smoothly if it wasn't for you and I am ever so grateful. Thank you.

Fish and Chip Quiz

The next event we have coming up is a Fish and Chip quiz, this will be held at the Deepings Sports and Social Club on the 22nd April 2022 at 7pm, with the quiz starting at 7.30pm. Tickets are priced at £15 per person and will include Fish and Chips. Teams will be no more than 6 people per team, if you haven't got a team, there will be plenty of room for you to join another team. Should you wish to attend, please call the office on 01778 426756.

May the best team win!!

QUIZ NIGHT

FRIDAY 22ND APRIL 2022

MARKET DEEPING
SPORTS AND SOCIAL CLUB
PE6 8LQ

DOORS OPEN AT 7.00PM
QUIZ STARTS AT 7.30PM

Teams of 6 or Join a Table

£15 PER PERSON
with Fish and Chip Supper

CALL US TO RESERVE YOUR TABLE:
01778 426756

Registered Charity Number: 1162277

dementia support SOUTH LINCS.
Live life to the full

Kate Marshall Dementia Specialist - 0787635611
Danie Reeves Support Worker - 07539243563
Sharon Scott Support Worker- 07904740110
t: 01778 426756 e: info@dementiasupportsouthlincs.co.uk
w: dementiasupportsouthlincs.co.uk
Registered Charity Number: 1162277

Live life to the full

Garden Party

A date for your diary! Although we are not yet selling tickets for this event, please make a note of the date and put it in your diaries. This event will be held at Edenham Village Hall on the 1st June 2022, timing to be confirmed but it will be an afternoon event with outdoor games, food and fun! Tickets will go on sale in May but all will be revealed in the next newsletter.

That's all from me at the moment, hope to see you all at our weekly/monthly events sometime in the near future. Let's hope for some lovely weather and we can all get out and about in it this year!

Be good, see you soon!

Danie xx