

Dear friends,

GOOD NEWS - The tentative journey towards restarting some of our groups has begun!! Danie and I were so pleased to be able to welcome old friends and new who joined us for Tai Chi on Wednesday. We put everything in place that we could think of to ensure that everybody felt safe and comfortable with coming together again in a group environment which, I think, we managed to do. I'm looking forward to getting those muscles loosened off after working from my dining table for the last 15 months! Due to social-distancing, the Tai Chi class is at full capacity but we'll happily put you on a waiting list if you leave your details on the office phone voicemail - 01778 426756.

We have had (and continue to have) some problems with the office phone. If you have tried to contact us in the last couple of weeks and were unable to leave a message or are yet to receive a call back then please can you call one of us on our mobiles - numbers at the bottom of the page. We are hoping this problem will be resolved in the next day or two but if you are still unable to leave a message when you receive this newsletter please call Danie on 07539 243563 or Sharon on 07904 740110.

Sharon, Danie and Kate xx

BOURNE Coffee and a Chat - Our monthly support group/coffee mornings.

Our first Bourne Coffee and Chat will be on Wednesday, 21 July from 10:00 to 12:00 in the Bourne Corn Exchange. Although the venue is the same, the set up will be a little different from what we're used to. Plenty of tables and chairs will be set up beside the stage (and not in the bar area as previously) which will give us a lot more room. Despite the full withdrawal of restrictions before 21 July, can we please ask that you still continue to wear your face covering whilst entering the building and until you are seated - just for the time-being. Please can you also wear your mask when retrieving your tea/coffee. We have decided to not run the raffle for the first meeting or two just to eliminate any risk of cross-contamination for members and volunteers/support workers. I know this will be a major gonk to many of you (particularly you lucky ones who always win!) but we feel this is the right thing for now and will, obviously, have a review after each meeting.

STAMFORD Coffee and a Chat For now, the Stamford Coffee and Chat will be completely different and will be in the Singing For All date slot and venue. The first Coffee and Chat will be on Thursday, 5 August from 1:00 to 3:00 in the Danish Invader Function Room (room on the left). As a lot of you know, the Danish Invader has been incredibly kind to us over the years by laying on lots of lovely food for our Christmas Singing for All and our Valentines Dance - all free of charge.

With the hospitality trade taking a major hit during COVID-19 lockdowns we have decided to take the opportunity to give a little back to the Danish Invader and to ask you to purchase your own drinks from the bar in the Function Room; they do sell tea and coffee if you prefer a hot drink. We hope that you all agree in our decision to help a local business who has done so much for us over the years. As in Bourne, there will be no raffle (for now) and we would like you to wear your masks until you are seated at your table.

DEEPING Coffee and Chat - There is no immediate plan to restart this group so old and new friends who would like to attend this group please feel free to come along join in at Bourne or Stamford groups (or both!) as it will be lovely to see you.

PLEASE could we ask that you ring the office and let us know whether you'll be attending the Bourne or Stamford Coffee and Chats so we can ensure that everybody can be safely seated and we can keep an eye on numbers.

Not only are we starting up some of our activity groups but we also have a night out to tell you about! Let's Comply Rental Experts have organised a Sportsman's Dinner on Thursday, 23 September in aid of Dementia Support South Lincs. If you would like further information, and the menu, on this great night out then please leave a message on the office voicemail and we'll get back to you. Alternatively, please could you share this with anybody who you think would be interested as we'd really love to be able to sell lots of tickets and show our support for Let's Comply Rental Experts after choosing us as their charity - it's all in a good cause!! Danie and Sharon are really looking forward to getting their glad-rags on again.



SPORTSMAN'S DINNER
 WITH SPECIAL GUESTS DEAN SAUNDERS,
 COMEDIAN JOHN STILES,
 COMPERE ROB MAKEPEACE &
 EFL REFEREE JOSH SMITH

THURSDAY 23rd SEPTEMBER 2021
 BOURNE CORN EXCHANGE

Doors 7pm for a 730pm Start
 In aid of South Lincs Dementia Support
 Sponsored by Let's Comply Rental Experts

An evening of sporting entertainment in aid of South Lincs Dementia Support

Ticket Price £50

ticket includes three course meal & sports memorabilia auction

Sponsored by Let's Comply Rental Experts






Dear friends,

Spring has come and gone, we've passed the longest day of the year, and we still haven't been able to get back together - but, we're getting there! As usual Danie, Sharon and I have been putting our heads together to make sure we follow all the government guidelines to keep us safe as we enter the next stage. We think starting back in a slow and measured way is best for us and our members but I'll leave that bit to Danie and Sharon.

I'd like to tell you a little about what's been happening here in Aslackby. Last year, because of Covid restrictions, our friends and supporters here couldn't hold their annual Driving Away Dementia Car Rally. This has been a major fundraiser for our charity and a lovely day out for our members. However, this year, with the restrictions lifting slightly for outside events, they decided to go ahead. For a couple of days before the big day the weather couldn't have been worse, but, as if by magic the day before was dry and apart from a few showers it turned out to be a perfect day to wander around the beautiful gardens and enjoy a picnic on the grass. The cars were amazing - one could even be driven on water!!! It was a



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huge success and almost £1,000 was raised for DSSL. A big thank you to our friends in Aslackby for their continued support.

Things are moving along at my house too. All the walls that needed to come down are now down so I can walk from one side of The Elms to the other without going out in to the garden and we have electricity, heating and hot water, and the kitchen arrives on Wednesday. Last night I slept "next door" of the first time. So, it's all coming along.

I can't wait to see you all again - it's been too long for sure - but it feels like we're moving in the right direction now and it won't be long before we're sitting together, sharing a coffee and, of course, a piece of cake!!!

I'd like to thank Danie and Sharon for all they've done to stay in touch with everyone over the last year or so, and for supporting me through a difficult time. I'm sure you'll agree, they are stars.

Kate xx