

## Newsletter May/June 2016

Dear friends,

I thought by now we would be enjoying some warmer weather, but the forecast for today is sleet and possibly snow... Who would believe it at the end of April! But, by the time you receive this newsletter we will have had our "Retail Therapy" trip to Spingfields in Spalding, so at least the cool weather will mean that the tulips should still be in full bloom. This year we had 24 people down to join us, which is the highest number we've ever had!

*Kate Marshall*  
Memory Health Worker

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### Dates for your diary

#### May

##### Support group/coffee mornings



The coffee mornings, open to carers and their partners, continue as ever on the 2<sup>nd</sup> Friday of the month at Blackstones' Sports and Social Club in Stamford, on the 3<sup>rd</sup> Monday of the month at Deeping Community Centre and on the 3<sup>rd</sup> Wednesday of the month at Bourne Corn Exchange. All groups meet from 10am-12pm. This is a great opportunity to meet up with other members, hear more about the events and activities coming up and maybe make some new friends. For some time now several members have gone out to lunch together following the Bourne group. Pat Johnson has taken on arranging a pub lunch at The Five Bells in Morton and everyone is welcome. Paul Falton of Wiltshire Farm Foods, one of the local suppliers of frozen meals, will be joining us at the Stamford coffee morning on Friday 13 May – come along and try some free samples. At our coffee morning in Market Deeping at the Community Centre on Monday 16 May we have invited some of our local supporters, including David Spencer, last year's president of the R.A.O.B (Bufs), members of the High Jacks Quilters and Roy & Sue Stephenson, the former Mayor and Mayoress of Deeping. Join us for coffee and cupcakes!

**Art for All** takes place on Monday's between 11am-1pm and **Tai Chi** takes place every Wednesday afternoon between 2-3pm (followed by tea and biscuits), both at Wake House in Bourne. **Singing Together** meets at The Danish Invader pub in Stamford on the first Thursday of every month between 1-3pm. If you'd like more information about any of these activity sessions, please ring the office on 01778 426756 (you may have to leave a message, including your telephone number, as the office isn't manned every day, but we will get back to you as soon as we can).

##### Dementia Awareness Week 15-22 May 2016

Throughout the week there will be several events and activities taking place, especially in Bourne, which became the first town in the county to be "working towards" becoming 'Dementia Friendly' a couple of years ago. With the help of other local charities and businesses we will be relaunching Bourne as a 'Dementia Friendly Community'. We have extended our Bourne coffee morning which falls in the middle of the week at 1pm. We are inviting members of the community to join us to learn more about DSSL support and activities and to raise awareness about dementia. DSSL Trustees will be on hand to tell you about their role and we will be offering a Dementia Friends Information Session and taster tai chi session. Hopefully you'll be able to join us for coffee and cupcakes.

##### 90 Glorious Years

We still have a few tickets for the concert at Bourne Corn Exchange on Tuesday 17 May celebrating the Queen's birthday. If you'd like a ticket please contact me on 01778 426756 as soon as possible.

One of our supporters, Adi Copland, is arranging a fundraiser for us. The “Mind, Body and Spirit” evening will take place at Deepings Sports and Social Club on Wednesday 18 May at

6pm. This will be an opportunity to try out some relaxing therapies like reiki, reflexology and Indian head massage. Practitioners will also be offering tea leaf reading, angel card readings, crystal therapies and numerology. It sounds like an interesting evening and all the money raised will be donated to DSSL – I will be there with our information stand. Throughout the next couple of weeks we will be selling raffle tickets which Adi tells me he has been collecting some great prizes for, like the use of the Director's Box at Peterborough Football Club! The raffle will be drawn on Thursday 26 May at 3pm at Deepings Sports and Social Club. Join us there for a cup of tea if you're in Deeping that afternoon.

On Thursday 19 May we will have an information stand in Barclays Bank in Bourne in the morning, which will move to Stamford library in the afternoon where it will remain over the weekend.

Hopefully this busy week will help raise awareness of dementia and the work done by our charity and its members.

## June/July 2016

We have our coffee mornings as always in Stamford, Deeping and Bourne. On Wednesday 8 June we have our “cruise” on the Rutland Belle – all the tickets are now sold! The price of the trip comes to £17.50 per person (£7 for the cruise, £10.50 for lunch) but the Trustees have decided to pay £7.50 towards each ticket making it only £10! I will collect the money at the upcoming groups, however, if you are not planning to come to any of the groups in May then please ring the office on 01778 426756 and I will give you the address of our treasurer. For those needing transport, Danie or I will be in touch shortly.

As in previous years, Ray Biggs, the Estate Manager at Grimsthorpe Castle, has invited us to enjoy a walk around the gardens and a delicious cream tea. If you'd like to join us on Tuesday 26 July, please ring the office on 01778 426756.

## Finally...

Pat Johnson, the DSSL Health and Safety Trustee, has been talking to The British Red Cross about “Everyday First Aid” training which teaches us how to manage in a crisis when someone is ill or injured. They are willing to come and do a free session for our carers, volunteers and members. If you are interested please contact Pat on 01778 392866. A date will be arranged for later in the summer.

Well, I think that has taken us well into the summer. Hopefully you'll be able to come to one of the coffee mornings or an activity like art, tai chi, singing or, if you'd like me to visit you at home, please telephone the office and I will be happy to arrange a date. We look forward to seeing you soon!

Kate Marshall ● Memory Health Care Worker

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In association with Evergreen Care Trust ● Registered charity number: 1162277

Images Courtesy of Microsoft Office Imagery

## Buckles' legal corner



### Protecting assets from care home fees:

### Severance of Joint Tenancy & new Wills

There are two ways in which couples can own land in England and Wales. This can either be as Joint Tenants or Tenants in Common. If you own a property as Joint Tenants then it will automatically pass to the survivor on the death of the first one of you, which means the property cannot pass through your Wills. An alternative option is to own any jointly held property as Tenants in Common which means you will each own 50%, and so on death of the first one of you, your 50% share can pass in accordance with the terms of your Wills.

You would then need a new Will which would provide for your half of the property to be held on trust so that your spouse may benefit from it without actually being the owner, with the result that it cannot be taken into account in any financial assessment. By phrasing your Will in this way, you would also create the opportunity to argue that the one half of the property still owned by the survivor should be valued at nil in a financial assessment since it is impossible to sell half a house. There is more detailed information that needs to be provided on this point before you choose to proceed with this option, and expert legal advice is required in the drafting of such documents.

For more information please contact Rebekkah Cooper on 01733 888881 or Paul Belliere-Wilson on 01780 484531 or alternatively visit [www.buckles-law.co.uk](http://www.buckles-law.co.uk).